

Bloodborne Pathogen Exposures:

1. **WASH/CLEAN/FLUSH the physical location of injury/exposure immediately:** The site of the injury that was exposed to or in contact with the source patient's blood or body fluids should be thoroughly washed with soap and water
2. **Flush any exposed mucous membrane immediately with water for 15 minutes.**
3. **Report the injury/ exposure** to your supervisor or program director.
 - a. Residents should initiate the incident report (use QR code or link below) and ask the program director/supervisor to complete the report in the **Rutgers Accident & Injury Reporting Database** at <https://myrehs.rutgers.edu>
 - b. Other employees must have an authorized supervisor complete the incident report on their behalf in the **Rutgers Accident & Injury Reporting Database**.
 - c. The supervisor must contact Rutgers University Risk and Claims management in order to initiate the workers' compensation claim process and to obtain authorization for the employee to be seen at EOHSI.



<http://myrehs.rutgers.edu>

4. Seek **IMMEDIATE** medical attention. Contact:
 - **RUTGERS-EOHSI (Monday-Friday 8:00AM to 4:00 PM)**
170 Frelinghuysen Road
Piscataway, NJ 08854
Tel #: (848) 445-0123
 - **EMERGENCY ROOM After hours/ Weekends/Holidays**
5. Recommended panel for SOURCE PATIENT labs to be drawn in cases of bloodborne pathogen exposure:
 - a. Hepatitis C Antibody with Reflex RNA
 - b. Hepatitis B Surface Antigen
 - c. Rapid HIV
 - d. HIV1/2 Antigen-Antibody

BE ADVISED: If the exposure occurs at an external site (e.g., rotation site), DO NOT delay care and follow the same steps as above. Seek initial medical attention at the site's employee health clinic or emergency department. Please then **FOLLOW-UP** with Rutgers-RBHS Occupational Medicine as soon as possible.