

EOHSI Standard Operating Procedure

Policy Name:	Needlestick/Bloodborne Pathogens Exposure Plan					
Approval Authority:	Dr. Julie Caruth, MD	Adopted:	03/25/2021	Reviewed:		
Responsible Office:	Rutgers Environmental & Occupational Health Sciences Institute		Contact:	EOHSI Employee Health: 848-445-0123		

1. Policy Statement

The policy covers Rutgers University employees

2. Reason for Policy

To provide guidelines to assist legacy UMDNJ departments/units; To limit the possibility of transmission of blood-borne pathogens after an exposure; To promote early reporting as it is crucial for beginning immediate intervention to address possible infection of the staff member and can also help the employee avoid spreading bloodborne infections to others.

3. Who Should Read This Policy?

This policy shall apply to all Rutgers employees, including faculty, staff, interns, residents, clinical fellows, post-doctoral fellows.

4. Resources

- A. <https://www.cdc.gov/niosh/topics/bbp/guidelines.html>
- B. <https://www.cdc.gov/hai/pdfs/HIV/HIVPEPinfographicFINAL.pdf>
- C. <https://www.cdc.gov/niosh/topics/bbp/emergnedl.html>
- D. <https://www.osha.gov/laws-regs/regulations/standardnumber/1910/1910.1030>

5. Definitions

- A. CDC: Centers for Disease Control and Prevention. A United States federal agency, under the Department of Health and Human Services.
- B. House staff/House Officer: Postgraduate physicians and dentists, including Interns, residents, and fellows.

- C. Rutgers-sponsored graduate education program: A program for which Rutgers maintains academic responsibility.

6. Procedure

Employee NOT coming to EOHSI for treatment consultation.

Employee's roles/responsibilities:

- A. Physical location of injury is immediately scrubbed with SOAP and water. Mucus membrane exposures (example. splashes to eyes/mouth): immediately flush x 15 minutes with water.
- B. The employee calls EOHSI (848) 445-0123 (M-F 8am to 4:00pm, after hours and weekends go to Emergency Room).
- C. If employee is seen at the CAB the nurse is to call Dr. Caruth MD and email three EOHSI nurses to include Linda Christiansen RN, Ceretha Hall, RN and Denise Neumyer, RN.

Employee Supervisor roles/responsibilities

- D. Employees supervisor to complete incident report on MyREHS <https://myrehs.rutgers.edu> (If not completed patient is financially responsible \$\$\$\$).
- E. Employee's supervisor to call Rutgers Risk and Claims to report incident. Marian Balkum 1 (973)-972-6145 balkumml@finance.rutgers.edu or Ken Young 1 (973)972-6617 youngke@finance.rutgers.edu
- F. Employee supervisor to have source patient identified and tested (See MyREHS for details). Labs to be sent out.

EOHSI RN role/responsibilities

- G. RN or MD to complete needle stick intake sheet over the phone
 - a. Ensure source patient to be identified.
 - b. Verify that source patient's labs were drawn & sent to be tested.
- H. RN to inform MD of the injury via *phone call (and email if unable to reach by phone)*
- I. Nurse to contact workers comp at PMA.

EOHSI MD role/responsibilities

- J. MD will have phone consultation with employee.
- K. MD will discuss possible use of PEP.
- L. MD to send prescription to pharmacy if indicated.
- M. Employee sent out for post exposure blood work labs to be completed if indicated or may be asked to come to EOHSI for blood work.
- N. Follow up will be determined by MD plan of care.

7. Procedure

If Employee coming to EOHSI for treatment consultation.

- A. These are additional steps to be taken.
- B. RN or MD to complete needle stick intake sheet over the phone before patient arrives at clinic and verify that source patient's labs were drawn.
- C. Employee's Post exposure blood work labs will be drawn if indicated.
- D. MD will see and evaluate the employee.